



## **SchiavettaGolf Tip of the Month:**

### **PUTTING**

I like to say that putting is more of an art than a science; there are a few fundamentals to be aware of – but other than that, it is practice, practice, practice!

#### **Fundamentals:**

**Grip:** Palms opposing each other on either side of putter. Connect the two hands with your thumb to make a solid and secure grip on club.

**Eyes over ball.** You should be able to drop a ball from your target side eye and it should land right on top of your ball on the putting green.

**Get comfortable with your stance.** Some players stand with their hips slightly open to the target, some stand square to target. Either way, your shoulders are square to your target so your 'Y' stroke can move back and through on line to target.

**Make a 'Y' with your arms and club.** This 'Y' is very crucial to your putting stroke. The distance the 'Y' travels back and through determines the distance that the ball will travel. YOU ARE NOT HITTING AT THE BALL – rather you are making a 'Y' stroke back and through and the ball is in the way of that motion.



Basic fundamentals...you must learn to control your distance and also to learn to 'read' the greens – you hardly ever have a putt that is straight as an arrow!

Remember – if your mind is active, you won't putt well – but if your EYES are active, you will be a better putter. So practice your putting stroke on the practice green, but when you are playing, be very visual and look at the slope of the green and see how the putt will roll. Read the line of the putt, make a 'Y' practice stroke (exactly as you would make the real stroke), and execute!

***Putting is 43% of your score – so practice and watch your scores drop!***